

## Rachel A. Jordan Ph.D., L.M.H.C., N.C.C.

St John Fisher College  
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### Education

**Doctor of Philosophy:** Counselor Education, University of Rochester, Rochester, New York (April, 2007). Scandling Scholar 2003 – 2006.

**Master of Science:** Counselor Education, State University of New York College at Brockport, Brockport, New York (May, 2002).

**Bachelor of Arts:** Political Science, Utica College of Syracuse University, Utica, New York (May, 1991).

### Certifications and Licenses

New York State Licensed Mental Health Counselor (LMHC)  
Nationally Certified Counselor (NCC)  
Certification in the Identification and Reporting of Child Abuse

### Teaching Experience

**Program Director and Assistant Professor of Mental Health Counseling:** St. John Fisher College, Rochester, NY

- Mental Health Counseling as a Profession
- Assessment in Counseling
- Treatment Planning and Intervention
- Human Development in Counseling
- Research and Program Evaluation
- Counseling Practicum
- Counseling Internship

**Adjunct Faculty:** St. John Fisher College, Rochester, NY

- Counseling Practicum – (July – September, 2007)
- Treatment Planning and Intervention – (January-May, 2007)
- Human Development in Counseling – (January-May, 2007)

**Adjunct Faculty:** University of Rochester, Rochester, NY

- Masters Research Methods – (September-December, 2006)
- Supervised Internship in Community Counseling - (May-August, 2006)
- Supervised Internship in School Counseling I & II - (September 2005-May 2006)

## **Teaching Assistant**

- Counseling Theory and Practice – (October, 2006 – December, 2006)

## **Modules Taught**

- Nazareth College Psychopathology (October, 2007) *Mood Disorders*
- Problem Identification and Intervention in Counseling (April, 2006)  
*Understanding the Intersection Between Chemical Dependency and Mental Illness*
- Assessment and Appraisal (October, 2005) *Effective Mental Health Assessments*
- Assessment and Appraisal (October, 2004) *Effective Mental Health Assessments*

## Clinical Experience

### **Mental Health Counselor** – Sexual Behaviors Outreach Consultants

#### Sexual Behaviors Treatment Program

Clifton Springs, New York, January 2009 – present

- Administer mental health and sexual behavior evaluations and provide appropriate treatment planning
- Provide individual therapy for sexual offenders and people with sexual-related problems
- Facilitate treatment groups for sexual offenders and people with sexual-related problems
- Provide community education regarding sexual deviance and sexual health.
- Collaborate with the New York State Office of Parole, County Probation Offices and the Office of Mental Health regarding treatment and community safety issues

### **Primary Therapist II** – Evelyn Brandon Health Center

#### Sexual Behaviors/Domestic Violence Treatment Program

Rochester, New York, November 2005 – December 2007

- Facilitate treatment groups for sexual offenders and people convicted of domestic violence
- Administer psychological assessments, screenings and treatment planning for sexual offenders and people convicted of domestic violence
- Provide individual therapy for sexual offenders and people convicted of domestic violence
- Report to the Integrated Domestic Violence Court regarding treatment compliance of people in therapy groups and individual therapy

### **Assessment Therapist** – Evelyn Brandon Health Center

#### Mental Health Clinic

Rochester, New York, September 2003 – November 2005

- Administer psychological assessments and screenings for acute and crisis clients
- Provide therapy and psychiatric referrals to stabilize clients in crisis
- Coordinate the client's entry into outpatient mental health treatment
- Coordinate and advocate for appropriate client care levels

**Primary Therapist** – Evelyn Brandon Health Center  
Mental Health Clinic

Rochester, New York April 2002 – September 2003

- Provide individual, group, crisis counseling, and treatment planning
- Facilitate Mentally-Ill Chemically Addicted (MICA) therapy groups
- Administer treatment contracts and drug screenings

**School Counselor** – Our Mother of Sorrows Catholic School

Greece, New York, August 2006 – August 2008

- Administer assessments and determine treatment planning for children in Kindergarten – 8<sup>th</sup> grade.
- Coordinate referrals for psychiatric treatment and testing.
- Provide individual counseling.
- Facilitate social skills and divorce support groups.
- Provide classroom interventions and teaching for topics including bullying, internet safety, and respect.

Publications

- Jordan, R. A., & Tursi, M. (2012). The effects of Person-Centered counseling groups on stress reduction. *The Person-Centered Journal* 19 (1-2) 75-103.
- Kastberg, S.M., Jordan, R. A., Kiweewa, J. and Clingerman, T. (in press). Counselor as Client: Emerging Answers and New Questions. *The Practitioner Scholar: Journal of Counseling and Professional Psychology*.
- Guiffrida, D., Jordan, R. A., Saiz, S. & Barnes, K. (2007). The use of metaphor in supervision. *Journal of Counseling and Development* 85(4) 393-400.
- Jordan, R. A. (2006). Book Review: Using Technology to Improve Counseling Practice: A Primer for the 21<sup>st</sup> Century by Tyler, J.M. & Sabella, R. *Person Centered Journal*, 12(1-2).
- Jordan, R. A. & McCulloch, L.A. (2006). Beyond reproach: Relationship boundaries in counselor education. *Vistas Online*  
<http://counselingoutfitters.com/McCulloch2.htm>

Invited Presentations

- Nazareth Psychology Club: Options for a Career in Mental Health Counseling. (March 2013).
- St. John Fisher College Psychology Club: Options for a Career in Mental Health Counseling. (March 2012).
- Nazareth Psychology Club: Options for a Career in Mental Health Counseling. (October 2011).
- Yates County Better Boundaries Training: Helping to understand and manage the sexual behaviors of developmentally disabled adults. (August 2011)
- Yates County Better Boundaries Training: Helping to understand and manage the sexual behaviors of developmentally disabled adults. (May 2011)
- 5<sup>th</sup> Annual Upstate New York Re-entry Conference (July, 2010) Morning Panel Discussion on Effective Re-entry: The Critical Questions.

- Victor Central Schools (October, 2009) Sexual Offender Issues: What School Administrators need to know.
- Victor Central Schools (September, 2009) Understanding Sex Offender Levels and Issues Pertaining to Schools.
- EDU 472 Principles and Practice of Community and Mental Health Counseling (October, 2006) Contemporary issues in mental health clinics.
- 98 WPXY Morning Show (September, 2006) Domestic violence treatment for batterers.
- EDU 472 Principles and Practice of Community and Mental Health Counseling (October, 2005) Issues in mental health counseling: Community clinics
- EDU 472 Principles and Practice of Community and Mental Health Counseling Community Counseling (November, 2004) Contemporary issues for mental health counselors in an urban clinical setting.
- Unity Health System: International Group of Health Care Professionals (June, 2002) MICA Groups in the United States.

### Presentations

- Jordan R.A. A Deeper Look at Ethics. (April 2012). New York Mental Health Counseling Association Bi-Annual Conference. Albany, New York
- Jordan R.A., Rice, R., Kiweewa, J., Clingerman, T., Bufano, D., Begley, G. Choices, Choices, Choices, Options in Counseling. (December, 2011) Mental Health Speaker Series. Rochester, New York.
- Jordan, R.A., Women's Issues in Mental Health (October, 2011). St. John Fisher Courses, WGST 120: Visions of Social Change and PHIL 124: Introductory Ethics. Rochester, New York.
- Jordan R. A. The Challenges of Working with Sexual Offenders (July, 2010). 5<sup>th</sup> Annual Upstate New York Re-entry Conference. Rochester, New York.
- Jordan R. A., DeVuyst, R. T., Tursi, M. M. (June 2010). From Mandated to Motivated. 25<sup>th</sup> Annual Conference of the Association for the Development of the Person-Centered Approach. Rochester, New York.
- Jordan, R. A. (April, 2010). A Counselor's Guide to Understanding Sexual Offender Treatment. New York Mental Health Counseling Association Bi-Annual Conference. Albany, New York
- Jordan, R. A., Kirschenbaum, H., Klein, G., (June, 2009). How to Develop the Person-Centered Approach. 24<sup>th</sup> Annual ADPCA. Kutztown, Pennsylvania
- Jordan, R. A., Bolland, N., Robinson, M. & Hooks, B. (April, 2008). Violence as a Health Care Issue. Wilmot Lecture Series. Rochester, New York
- Jordan, R. A. (October, 2006) Applying holistic wellness methods to keeping teachers and professors healthy. North Atlantic Regional Association for Counselor Educators and Supervisors. Lake George, New York
- McCulloch, L. A. & Jordan, R. A. (April, 2006) Above reproach: Relationships boundaries in counselor education. New York State Mental Health Counseling Association Bi-Annual Conference. Albany, New York
- McCulloch, L.A. & Jordan, R. A. (April, 2005) Developing a professional portfolio. American Counseling Association Annual Conference. Atlanta, Georgia

- Jordan, R.A., Guiffrida, D., Saiz, S. (October, 2004) Metaphor in Supervision. North Atlantic Regional Association for Counselor Educators and Supervisors. Mystic, Connecticut
- McCulloch, L.A., Shakoore, M., Jordan, R.A., Demanchik, S., Klein, A., Harlowe, G. (May, 2003). A Group Happening. New York State Specialists in Group Work. Buffalo, New York
- McCulloch, L.A., Tursi, M., Jordan, R.A. & Gears, K. (November, 2002). Mastering Change and Creating Balance Through a Person-Centered Approach. Cooperstown, New York.
- Gears, K, Jordan, R.A. & Tursi, M. (August, 2002). Genuineness. Association for the Development of the Person-Centered Approach. Cleveland, Ohio.
- Jordan, R.A. & McCarthy, F. Handbook of Mental Health Services at the Evelyn Brandon Health Center (October, 2002). Unity Health System Open House, Rochester, New York.

### Professional Development

- May 2013: New York Association for the Treatment of Sexual Abusers (Albany, New York).
- May 2013: Helping Adult Children Grow Up (Frederick, Maryland).
- April 2012: New York Mental Health Counselor's Association (Albany, New York).
- July 2011: Association for the Development of the Person-Centered Approach (Chicago, Illinois).
- May 2011: International Critical Incident Stress Foundation, Instructor Training. (San Antonio, Texas).
- April 2011: New York Mental Health Counselor's Association, Annual Counselor Educator's meeting. (Albany, New York).
- October 2010: The Association for the Treatment of Sexual Abusers, Annual Conference (Phoenix, Arizona).
- July 2010: 5<sup>th</sup> Annual Upstate New York Re-entry Conference (Rochester, New York)
- June 2010: Association for the Development of the Person-Centered Approach (Rochester, New York).
- May 2010: New York Association for the Treatment of Sexual Abusers (Oneida, New York).
- April 2010: New York Mental Health Counselor's Association (Albany, New York).
- October 2009: The Association for the Treatment of Sexual Abusers, Annual Conference (Dallas, Texas).
- June 2009: The Association for the Development of the Person-Centered Approach, 24<sup>th</sup> Annual Conference (Kutztown, Pennsylvania).
- June 2009: New York State Association for the Treatment of Sexual Abusers, 14<sup>th</sup> Annual Conference (Saratoga Springs, New York).
- May 2009: Forensic Trends: Psychiatric and Behavioral Issues Preconference on Sexual Predators (Las Vegas, Nevada).

- November 2008: Housing and Special Needs Population Conference (Niagara Falls, New York).
- April 2008: New York Mental Health Counseling Association (Albany, New York).
- October 2007: Emerging Leaders Leadership Development Training (Columbus, Ohio).
- October 2007: Association for Counselor Educators and Supervisors (Columbus, Ohio).
- April, 2007: Unity Health System Advanced Screening of Suicidal Clients (Rochester, New York).
- October, 2006: North Atlantic Regional Association for Counselor Educators and Supervisors (Lake George, New York).
- April, 2006: New York Mental Health Counseling Association Annual Conference (Albany, New York).
- April 2006: Unity Health Annual Spring Conference (Rochester, New York).
- April, 2005: American Counseling Association Annual Conference (Atlanta, Georgia).
- October, 2004: North Atlantic Regional Association for Counselor Educators and Supervisors (Mystic, Connecticut).
- May, 2004: Unity Health System: Principles of Group Psychotherapy 12 hour Core Course (Rochester, New York).
- May, 2004: New York State Specialists in Group Work Conference (Buffalo, New York).
- April, 2004: Unity Health Annual Spring Conference (Rochester, New York).
- October, 2003: North Atlantic Regional Association for Counselor Educators and Supervisors (Canandaigua, New York).
- April, 2003: Unity Health Annual Spring Conference (Rochester, New York).
- January, 2003: Annual Conference for Counselor Renewal and Reflection. (Rochester, New York).
- November, 2002: Relaxation Techniques (Rochester, New York).
- November, 2002: Cognitive Behavioral Techniques in Anxiety Treatment (Rochester, New York).
- November, 2002: New York Counseling Association Annual Conference (Cooperstown, New York).
- August, 2002: Association for the Development of the Person-Centered Approach Annual Conference (Cleveland, Ohio).
- July, 2002: Treatment of Schizophrenia through Medication (Rochester, New York).
- June, 2002: Integrating Systems Theories as a Model for Teamwork (Rochester, New York).
- May, 2002: Domestic Violence: The Drug and Alcohol Connection (Greece, New York).
- April, 2002: Unity Health Annual Spring Conference (Rochester, New York).
- April, 2002: Dialectical Behavioral Therapy in the Treatment of Borderline Personality Disorder (Rochester, New York).

## Professional Affiliations

New York Mental Health Counselors Association  
Mental Health Counselors of Greater Rochester  
Association for the Treatment of Sexual Abusers  
New York State Association for the Treatment of Sexual Abusers  
Association for the Development in the Person-Centered Approach  
Rochester Area Person-Centered Association  
Chi Sigma Iota

## Professional Service

- Co-Editor, Person-Centered Journal (July 2011 – present)
- East House Board of Directors (June 2011 – present)
- Rochester Area Person-Centered Association, Coordinating Committee Chair (March 2009 – present)
- East House Program Review Committee (May 2008 – present)
- New York Mental Health Counselors Association – Ethics Committee Chair (March 2008 – Present)
- Graduate Program Council, St. John Fisher College (September 2010 – present)
- Wegmans School of Nursing By-Laws Committee (September 2009 – present)
- Director of Clinical Internships – Mental Health Counseling Program (May 2008 – August 2010)
- Finger Lakes Law Enforcement Academy, Trainer - Understanding Psychopathology (March-April, 2010)
- St. John Fisher College: Speaker Series – Lead organizer (September 2007 – September 2008)
- St. John Fisher College: Bio-Ethics Speaker Series – Committee Member (October 2007 – April 2008)
- St. John Fisher College: NBCC test site coordinator (September 2007)
- St. John Fisher College: Workplace wellness initiative, Task force member (September 2007 – May 2008)
- University of Rochester: Human Development Program Self Study – Committee Member (September 2005 – March 2006)
- American Red Cross: Hispanic Leadership Development Program – Group Facilitator (January 2001 – May 2001)