



## MASTER OF SCIENCE IN: MENTAL HEALTH COUNSELING

### PROGRAM OVERVIEW

Become licensed to treat adults and children with emotional, mental, and physical challenges through St. John Fisher University's Master of Science in Mental Health Counseling.

The program emphasizes the strengths of individuals and families to facilitate recovery and resilience when faced with emotional, mental, or physical challenges. You will develop a strong understanding of the psychological foundations of mental health and related developmental issues. Diagnostic assessment, including both its strengths and limitations, is an emphasized component of the program.

The program prepares you for work in a number of different settings, including:

- Community agencies
- Clinics
- Hospitals
- Managed behavioral health care organizations
- Outpatient mental health programs
- Residential treatment and rehabilitation settings
- Substance abuse treatment programs
- Schools and corporations with employee assistance programs
- Colleges and universities
- Private practice

### LIFE AFTER FISHER

Graduates of the mental health counseling program benefit from a 97% placement rate and can be found in a variety of mental health care settings on a local, regional, and national level.

### PROGRAM HIGHLIGHTS

- Prepares you to meet the educational requirements for licensure as a mental health counselor, and is registered with the New York State Education Department;
- All full-time faculty are licensed mental health counselors in New York state;
- Clinical internship placements are arranged in a wide range of settings in the community, allowing you to implement the knowledge and skills gained in classroom learning in a "live" counseling setting;
- Training facilities feature a six-room training lab equipped with one-way mirrors, video cameras, video monitors, and live observation to assist students in developing basic counseling skills. The lab includes rooms for individual counseling sessions, working with couples or groups, and even a play therapy room for working with children;
- Curriculum includes cutting-edge training for the Integrative Care Initiative in New York state;
- Approved by the Office of Alcoholism and Substance Abuse Services (OASAS) for the educational component of the Credentialed Alcoholism and Substance Abuse Counselor (CASAC) designation.



ST. JOHN  
FISHER  
UNIVERSITY

[www.sjf.edu](http://www.sjf.edu)

## FULL-TIME SCHEDULE

*Classes meet two afternoons and evenings per week.*

### YEAR ONE

Fall	12 credits
Spring	12 credits
Summer	6 credits

**Total:** 30 credits

### YEAR TWO

Fall	12 credits
Spring	12 credits
Summer	6 credits

**Total:** 30 credits

## PART-TIME SCHEDULE

*Classes typically meet one afternoon and evening per week.*

### YEAR ONE

Fall	6 credits
Spring	6 credits
Summer	6 credits

**Total:** 18 credits

### YEAR TWO

Fall	6 credits
Spring	6 credits
Summer	6 credits

**Total:** 18 credits

### YEAR THREE

Fall	9 credits
Spring	9 credits
Summer	6 credits

**Total:** 24 credits

## ADVANCED CERTIFICATE SCHEDULE

*For those who already have a master's degree in counseling or a related field.*

### YEAR ONE

Fall	6 credits
Spring	6 credits
Summer	6 credits

**Total:** 18 credits

## APPLICATION REQUIREMENTS

- Completed online application
- Baccalaureate degree from an accredited college or university
- Official transcripts of all undergraduate and graduate work (if applicable)
- Two recommendation forms (submitted online)
- Current résumé
- Professional/career goals statement
- Interview with the Admissions Committee of the program
- Life experience relevant to the work of a mental health counselor (such as personal experience, and/or paid or volunteer experience)
- Results of the TOEFL (if native language is not English)
- Graduate Transfer Credit Request Form and supporting documents (if applicable)

## ABOUT THE WEGMANS SCHOOL OF NURSING

The Wegmans School of Nursing builds on Fisher's values-based education to produce graduates trained to provide exceptional patient care.

Program offerings include the traditional nursing and RN to BSN online programs at the undergraduate level, master's programs in nursing and mental health counseling, and a Doctor of Nursing Practice (DNP) degree program.

## ACCREDITATION

Fisher's mental health counseling program is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). CACREP accreditation provides recognition that the content and quality of the education you will receive has been evaluated extensively and meets standards set by and for the profession.

## SEE HOW IMPACTFUL YOU CAN BE

If you have questions regarding the program or the application process, please contact the Office of Admissions at (585) 385-8064 or email [grad@sjf.edu](mailto:grad@sjf.edu).

